

EXPANDED SCHOOL MENTAL HEALTH STEERING TEAM

TEAM ESTABLISHED: MAY 26, 2006

COMMISSION UPDATE: NOVEMBER 2008

CHARTING A COURSE TO EXPANSION AND INTEGRATION

Since our last report in April 2008, the team has continued to meet monthly to work mainly on two aspects: model development and community education. We are excited to report that great progress has been made in both areas!

DEVELOPMENT OF A WEST VIRGINIA MODEL

In April and May, selected members of the team visited other states to learn more about their Expanded School Based Health Systems. Visits were made to:

- Center for School Based Mental Health Programs-Miami University, OH
- Center for School Mental Health– U of Maryland, Baltimore

Additional conference calls were held with:

- Illinois PBIS Network
- University of Southern Florida Research and Training Center for Children’s Mental Health

After learning what exists in other states, the team held a day and half retreat to begin developing a model for West Virginia.

The team adopted a three tier approach of universal, targeted and individualized interventions. Committees have been formed to further define what services should be offered at each tier; the roles and responsibilities of outside providers as well as school personnel at each tier; and a process for a student to flow through each tier. Finalization of the committee work should be completed by December 2008.

SCHOOL SURVEY

The Steering Team felt that it would be helpful to have more information about what is currently happening in WV’s schools. A survey was developed and distributed to all WV schools as a first attempt at getting a statewide picture of mental health programs, services

and needs in schools. The survey was conducted online via surveymonkey.com during May and June 2008. **Fifty-two percent of public schools within the state responded to the survey.** The information reported supported our hy-

pothesis that there is a shortage of planful, integrated school based mental health services across the state. The Steering Team plans to follow up with a second survey to clarify reported responses and to get additional, more in-depth information.

MISSION:

TO STRENGTHEN, IMPROVE AND DEVELOP EXPANDED SCHOOL MENTAL HEALTH PROGRAMS FOR WEST VIRGINIA.

TEAM GOALS:

Legislative appropriation will be proposed to support expanded school mental health (ESMH) with fiscal note.

A model for ESMH will be developed that fits the context and meets the needs of WV’s students and communities.

A statewide data management system will be in place that tracks implementation of ESMH model and documents student outcomes

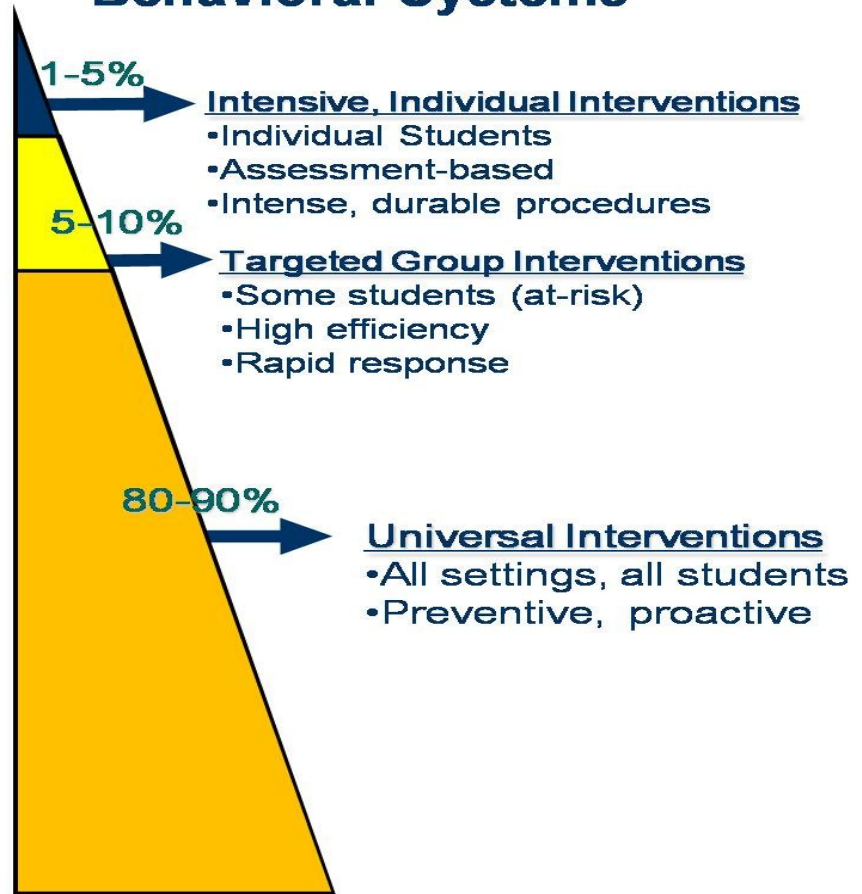
Every county will have an ESMH Program in one or more schools

TA Center will be established to support and sustain ESMH

Incremental strategies will be developed that result in full implementation of ESMH

Trained personnel will be in place in each county that supports ESMH at all levels.

Behavioral Systems



NEW MEMBERS SINCE LAST REPORT

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COMMUNITY EDUCATION

The Steering Team participated in numerous community education events since April 2008 to help promote and advance an understanding of Expanded School Mental Health. Presentations included:

- School Health Services Conference-June 2008
- School Based Health Centers and School Based Mental Health Grantees Meeting-August 2008
- WVCEEC Meeting-September 2008

- National School Mental Health Conference—Arizona-September 2008
- WVDE School Counselor Workshops—October 2008

Interest from community partners is growing as evidenced by the numerous invitations to speak and share what is happening in our state.

WVCEEC MEETING

On September 19, 2008, the Steering Team was invited to speak at the WVCEEC meeting in Pocahontas County. The meeting was extremely productive and as result the WVCEEC has adopted this team as their mandated task force to study mental health services for students.

For more information, please contact :

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