

RESA 7

Regional Wellness

Areas of Focus for 2015-2016

Professional Learning Opportunities and Technical Assistance on:

- **Bullying Prevention**
 - Bullying/Cyber Bullying Prevention Strategies Curriculum
- **Health Education**
 - HEAP Technical Assistance
- **Primary Health**
 - Oral Health Initiative
 - Well Child Initiative
 - Type 1 Diabetes
- **Physical Activity**
 - Promote lifelong physical activity
 - Let's Move! WV
 - Let's Move Active Schools (All Elementary Schools in WV)
 - CSPAP Training
- **Substance Abuse Prevention**
 - Governor's Regional Substance Abuse Taskforce
 - HELP4WV Initiative
 - Drug Trends
- **Mental Health Services**
 - Suicide prevention: Recognize Respond React and ASIST
 - Youth Mental Health First Aid Training
 - School Climate Survey
- **Administration of the CDC Scorecard for county worksite wellness**
- **Youth-Led Leadership**
 - SADD Chapters in High Schools
 - iBelieve WV



West Virginia Department of Education

West Virginia Department of Health and Human Resources