Perinatal Oral Health, Motivational Interviewing

5th Annual WV Community and School Oral Health Conference
John XXIII Pastoral Center
October 16, 2015
Sponsored by:

Community & School Oral Health Team
Thank you for attending the Perinatal Oral Health: MI session. The following slides contain resources referenced throughout the session.
Oral Health Resources
Smiles for Life: A National Oral Health Curriculum

Smiles for Life is the nation’s only comprehensive oral health curriculum. Developed by the Society of Teachers of Family Medicine Group on Oral Health and now in its third edition, this curriculum is designed to enhance the role of primary care clinicians in the promotion of oral health for all age groups through the development and dissemination of high-quality educational resources.

For Individual Clinicians

We’ve made it easy for individual physicians, physician assistants, nurse practitioners, students, and other clinicians to access the curriculum and learn on their own time and at their own pace. Each of the courses is available online. Free Continuing Education credit is available.

For Educators

This curriculum format can be easily implemented in an academic setting. Included is a comprehensive set of educational objectives based on the Accreditation Council for Graduate Medical Education (ACGME) competencies, test questions, resources for further learning, oral health web links, an implementation guide, and detailed module outlines.

Answering the Call: Joining the Fight for Oral Health

Watch this informative and inspiring video which outlines both the challenge and progress in improving oral health as a vital component of effective primary care. Click the full screen icon in the bottom right hand corner of the video thumbnail to view it full-sized. This video is approximately seven minutes in length.

An extended version (21 minutes) of this documentary is also available.

A Product of: STFM National Interprofessional Initiative on Oral Health American Academy of Physician Assistants PAEA American Dental Hygienists’ Association
Consumer Materials in English and Spanish

All brochures are written in an easy-to-read style that is appropriate for all audiences, including those with lower literacy levels. Print copies are available at no charge from OHRC and can be ordered online through June 30, 2015. Permission statements for photocopying appear on each brochure.

Consumer Brochures

These brochures are designed to provide parents with information about the importance of oral hygiene and oral health care during pregnancy and after their infant is born and how to ensure that their infant or young child enjoys the best possible oral health.

- A Healthy Smile for Your Baby: Tips to Keep Your Baby Healthy
- Una sonrisa saludable para tu bebé: Consejos para mantener sano a tu bebé
- A Healthy Smile for Your Young Child: Tips to Keep Your Child Healthy
- Una sonrisa saludable para tu niño pequeño: Consejos para mantener sano a tu niño
- Two Healthy Smiles: Tips to Keep You and Your Baby Healthy
- Dos sonrisas saludables: Consejos para mantenerte a ti y a tu bebé sanos

Healthy Habits for Happy Smiles

This series of handouts for parents of infants and young children provides simple tips on oral health issues. Topics include managing teething pain, brushing children’s teeth, choosing healthy drinks, getting fluoride, preventing oral injuries, and visiting the dental clinic.

Brushing Your Child’s Teeth
Cómo cepillar los dientes de tu niño

Choosing Healthy Drinks for Your Young Child
Cómo escoger bebidas saludables para tu niño pequeño
# Publication Order Form

Please indicate the quantity of publications that you would like to order on the line in front of the title. Multiple copies (no copy limit) may be ordered for most of the publications listed below unless otherwise stated. If you require more publications than the limit allows, please contact the National Oral Health Information Clearinghouse at 1-866-232-4528 or nidcrinfo@mail.nih.gov. Private dental offices please adhere to the limit when ordering. All publications are free of charge. Please note: Materials may be shipped only to locations in the United States and U.S. territories. Our materials are not copyrighted. Make as many photocopies as you need.


## Oral Complications of Cancer Treatment For Health Professionals
- Dental Provider's Oncology Pocket Guide
- Oncology Pocket Guide to Oral Health
- Oral Complications of Cancer Treatment: What the Dental Team Can Do Fact sheet
- Oral Complications of Cancer Treatment: What the Oncology Team Can Do Fact sheet

## Oral Complications of Cancer Treatment For Patients
- Chemotherapy and Your Mouth Brochure
- Head and Neck Radiation Treatment and Your Mouth Brochure
- Three Good Reasons To See a Dentist BEFORE Cancer Treatment Pamphlet
- Three Good Reasons To See a Dentist BEFORE Cancer Treatment Multicultural Options for Adults with Limited Reading Skills

## Organ Transplantation
- Dental Management of the Organ Transplant Patient Fact sheet for health professionals
- Organ Transplantation and Your Mouth Fact sheet for patients

## Periodontal (Gum) Disease
- Periodontal (Gum) Disease Brochure

## Special Needs

### Smoking Cessation
- Smoking Cessation: A Guide for Quitting Booklet

### TMJ Disorders
- TMJ Disorders Brochure

### Spanish Language Publications
- Como encontrar cuidados dentales a bajo costo (Finding Low-Cost Dental Care Fact sheet)
- Una boca saludable para su bebé (A Healthy Mouth for Your Baby) Brochure
- Sección sobre la boca de los niños (Oral Health for Children) Brochure
- La boca y el tratamiento de radiación en la cabeza y el cuello (Oral Health and Head Neck Radiation Treatment and Your Mouth) Brochure
- Tres buenas razones para ver a un dentista ANTES de comenzar el tratamiento contra el cáncer (Three Good Reasons To See a Dentist BEFORE Cancer Treatment Pamphlet)
- Los tratamientos de las articulaciones y de los músculos temporomandibulares (ATM) (TMJ Disorders) Brochure

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To order:

Please complete the following information, then mail or fax your request to the address listed below. Thank you.

Name: ____________________________

Professional Title: ____________________________

Organization: ____________________________

Street Address: ____________________________

City: __________________ State: __________ Zip Code: __________

Telephone: __________________ Fax: __________________

Email: ____________________________

National Institute of Dental and Craniofacial Research | National Oral Health Information Clearinghouse

1 NCMIC Way - Bethesda, MD 20892-2550 | Phone: 1-866-232-4528 | Fax: (301) 490-4608

February 2018
Motivational Interviewing Resources
What Does Motivational Interviewing Sound Like?

https://vimeo.com/84873378
Tooth Talk
The website for Early Head Start, Head Start and other early childhood educators and childcare providers

Videos

These short, helpful Tooth Talk videos (most lasting less than 2 minutes), cover a wide variety of topics: from the importance of baby teeth to how to improve communication with parents, bottle-weaning to toothbrushing. Many are perfect for sharing with parents!

Baby Teeth

- Baby Those Baby Teeth
- Healthy Teeth, Healthy Pregnancy, Healthy Baby
- Babies and Bottle-Weaning
  - Motivational Interviewing for Kids’ Healthy Smiles

Babies and a Dental Home

- Why Babies Need a Dental Home
- Fluoride Varnish for Baby’s Healthy Smile

Toothbrushing

- Tooth Talk Moments – Motivational Interviewing Techniques
- Toothbrushing Tips For Kids
- Toothpaste Recommendations for Young Children
- Healthy Teeth Mean Healthy Kids
- Healthy Teeth Are Good for Kids and Important to Parents

http://toothtalk.web.unc.edu/videos
Engaging Families Using Motivational Interviewing Strategies & Principles

17th Annual Virtual Birth to Three Institute: Webinar C5

Building healthy, supportive, professional relationships with families provides multiple challenges and opportunities. Motivational Interviewing is an evidence-based method of partnering with people to help them prepare for, and commit to, change. Motivational interviewing techniques can support all Early and Migrant Seasonal Head Start staff to increase meaningful family engagement with families throughout the families’ participation in the Early Head Start program.


http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/relationship
Tooth decay is the most common childhood disease. It is caused by bacteria that can be shared from person to person. Brushing twice daily with fluoride toothpaste is one of the most effective ways to prevent tooth decay and promote good oral health. Effective oral health practices vary depending on the developmental skills of each child. When children have a healthy mouth, they can speak more clearly, eat healthy foods, and feel good about themselves. A healthy mouth also means children can better focus and learn, have a pain-free mouth, and incur fewer dental costs.

Head Start staff is encouraged to review, use, and share the oral health resources below.

- Brush Up on Oral Health newsletter
- Oral Health Forms
- Oral Health Resources for Spanish-Speaking Families
- Oral Health: Tips for Families [PDF, 68KB], available in Spanish (español) [PDF, 125KB]
- Oral Health: Tips for Health Managers [PDF, 1.1MB]
Resources from the National Center on Health

- **Brush Up on Oral Health** newsletter
- **Head Start Oral Health Forms**
- **Healthy Habits for Happy Smiles** handouts (English and Spanish)
- **Oral Health Tips** for families and Head Start health managers
Contact Information:

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