



West Virginia School Health Technical Assistance Center

Please join us Wednesday, January 9, 2019

from 2:30-3:30 p.m.

for a free webinar on

BE THE ONE TO MAKE A DIFFERENCE:

Understanding the importance of Mental Health First Aid (MHFA) and Recovery Coach Academy (RCA) trainings and skills

Participants of this webinar will learn about the details of the skill sets provided to school personnel, parents and community members by Mental Health First Aid and Recovery Coach Academy trainings. The training directors will discuss the length of time commitment for each evidence-based program, the utilization of skill sets learned in the school system and the impact from past participants.

The content will be of interest to all school nurses, SBHC staff and other school based health professionals and will be offered only via WebEx (no conference call lines will be available). **The Webinar is FREE but you must register in advance.** We are limited to 100 WebEx participants, so please **register early** and plan for group access when able. *This webinar will be recorded and posted with CEU's for future listening for those unable to attend the live offering.*

**Registration Link, CEU Information and Presenter Bio
are available on our webpage:**

[West Virginia School Health Technical Assistance Center](#)

Learning Objectives

Participants will be able to:

1. Discuss what Youth Mental Health First Aid and its importance in working with youth.
2. Discuss the typical adolescent and potential mental health problems associated with this age group.
3. Identify the action plan ALGEE.
4. Discuss ways in which to access a free course in their community.
5. Learn how becoming a Recovery coach could support your family, students and community.
6. Understand the role of a Recovery coach.
7. Learn the requirements and dates of future Recovery Coach Training.
8. Learn about current youth assisting youth pilots (Teen MHFA and Life Coaches).

Miscellaneous Information:

Nursing CE's are provided through Marshall University - West Virginia Board of Examiners for Registered Nurses Continuing Education provider number (WV2018-0640RN).

This event is coordinated by the West Virginia Department of Education Office of Special Education along with the West Virginia School Health Technical Assistance Center at the Joan C. Edwards School of Medicine, Marshall University.

For additional questions contact: Rebecca King - rjking@k12.wv.us or Lori Haapala - lorihaapala@yahoo.com

Bio

Dianna Bailey-Miller B.A.

Marshall University, West Virginia Behavioral/Mental Health Technical Assistance Center

Diana Bailey-Miller is currently the State Youth Mental Health First Aid Coordinator for West Virginia’s Project AWARE. The goal of Project AWARE is to promote school-community partnership to connect families, schools, and communities to mental health services and provide evidence-based programs for safe and supportive school and community environments. Diana is a certified instructor in Youth Mental Health First Aid and Adult Mental Health First Aid, with special designations in Rural Communities, Veterans, and Higher Education.

Marti Steiner B.A.

Vice President of the Greater Recovery and Community Empowerment (GraCE)

Marti received her Bachelor of Arts in Education degree from Glenville State College. She is the coordinator of the Blue Ridge Recovery Resource Center. Marti completed her certification to be a Recovery Coach Trainer from the Connecticut Community for Addiction Recovery (CCAR/CART). She is the current director of the West Virginia Recovery Coach Association and the Vice President of the Greater Recovery and Community Empowerment (GraCE) 501c3 nonprofit organization.

| |
|--------------------------|
| SAVE THESE DATES: |
|--------------------------|

When: 2:30pm-3:30pm

Visit [West Virginia School Health Technical Assistance Center](#) for more information.

| | |
|-----------------------------|--|
| Wednesday, January 16, 2019 | You Want It? You Got It...IEP Access and Be Part of the IEP Team |
|-----------------------------|--|

| | |
|---------------------------|--|
| Tuesday, January 29, 2019 | Heart Safe Schools Program and Accreditation |
|---------------------------|--|

| | |
|-----------------------------|---|
| Thurs-Fri, June 13-14, 2019 | Annual KidStrong Conference at the Charleston Coliseum and Convention Center |
|-----------------------------|---|

